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## Jackson Park Yacht Club Junior Safety@Sea Seminar



### When:

Saturday, June 22, 2019 From  
8:00 AM to 4:45 PM

### Where:

Jackson Park Yacht Club  
6400 S. Promontory Drive,  
Chicago, IL 60649

### Contacts:

**JPYC Club Coordinator**  
[admin@jacksonparkyachtclub.org](mailto:admin@jacksonparkyachtclub.org)

or

**Lisa Schinella**

Storm Trysail Foundation  
[info@stormtrysailfoundation.org](mailto:info@stormtrysailfoundation.org)

### WHAT TO BRING:

- A refillable Water Bottle
- Change of clothes

Dear Sailor,

The Storm Trysail Foundation and host,  
Jackson Park Yacht Club in partnership  
with US Sailing would like to invite you to join us:  
Saturday, June 22, 2019

In partnership with the Storm Trysail Foundation, and inspired by safety programs for ocean racers, the Junior Safety at Sea Seminar is carefully designed for a suggested age range of Junior Sailors between 12-20 years old.

The program stresses fun, hands-on practice, communication, teamwork, and the anticipation of trouble before it happens.

This day-long session includes intensive on-the-water practice of skills such as crew overboard recovery with onshore lectures and demonstrations. For young sailors with little or no big boat experience, this seminar provides an exciting and confidence-building introduction to the thrill of big boat sailing.

- Personal PFD
- Proper sailing attire (no flip flops)

\* Lunch will be provided

[Add to my calendar](#)

The course includes core elements that every sailor should know taught by instructors specially trained by Storm Trysail.

**Topics include:**

- Crew Overboard Prevention and Recovery
- Radio Communications
- Fire Suppression
- Flare Use
- Life Raft Deployment, Righting, and Boarding
- Weather Attentiveness and Storm Preparation
- Big Boat Crew Roles & Basic Maneuvers
- Shortening Sail & Storm Sails
- Safety Equipment

Don't miss this fun on-the-water training and interactive demonstrations that teach critical safety skills to youth!

**\$15.00 Per Sailor**

**Capacity is limited - please register today!!**

**[REGISTER HERE](#)**